

PART 8

SDA All-Consuming Fear of Breaking the Sabbath

*For God hath not given us **the spirit of fear**; but of power, and of love, and of a sound mind (2 Timothy 1:7).*

*But **the fearful**, and unbelieving, and the abominable, and murderers, and whoremongers, and sorcerers, and idolaters, and **all liars**, shall have their part in the lake which burneth with fire and brimstone: which is the second death (Revelation 21:8).*

Ellen White, infallible SDA prophetess of God, has received divine revelations which must be viewed by her sympathizers as sacred truth, not to be contradicted nor disbelieved. To do so has eternally fatal consequences. Without question, the paramount 'truth' binding on all Adventists is that of 7th-day Sabbath-keeping, reflected in their very name.

According to the official SDA website, "When the Sabbath is kept, it is a witness to the rest that comes from trusting God alone as our sustainer, as the basis of our salvation, and as the ground of our hope in the future."

<https://www.adventist.org/articles/sabbath-observance-1/>

The reader need note the basis of SDA salvation is not the finished work and person of the Lord Jesus Christ. Nor is He the ground of our hope and future. Rather it is the keeping of the 7th-day Sabbath. It is due to this fundamental error – an overt perversion of scriptural truth -- that Adventism cannot be considered orthodox Christianity. In Adventism, man was made

for the Sabbath. Man is to serve the Sabbath, to worship the Sabbath.....the 'Sabbath' being a code name for the Adventist 'God.' To break the Adventist Sabbath with its mandated rules is tantamount to asking for eternal judgment.

Ellen White is, in all practicality, the Adventist 'Holy Spirit.' For she interprets all Scripture, while frequently giving new revelations, whether through visions, dreams, cereal box tops, or other means, all of which are to be considered of equal authority to Holy Scripture.

Thus, the official SDA website cited above, under the heading, *Principles Guiding Sabbath Observance*, cites Mrs. White's divine utterance concerning this: "The law forbids secular labor on the rest day of the Lord; the toil that gains a livelihood must cease; no labor for worldly pleasure or profit is lawful upon that day; but as God ceased His labor of creating, and rested upon the Sabbath and blessed it, so man is to leave the occupations of his daily life, and devote those sacred hours to healthful rest, to worship, and to holy deeds."—*The Desire of Ages*, p 207.

This website then gives current SDA requirements which all Ellen White-fearing members should follow on the Sabbath, lest they displease and incite the wrath of their Sabbath-God. The following is an abbreviated list of Sabbath commandment do's and don'ts compiled from this SDA website:

1. Do not indulge in sports or recreational activities.
2. Do not let alien cultural thoughts or customs interfere with the sacredness of that holy day.

3. Avoid intense physical exertion [No untoward intimacy with spouse?].
4. Do not criticize non-Sabbatarian Christians who participate in activities which you do not approve.
5. Do not sightsee when on vacation or traveling.
6. Do not participate in any secular activity when on vacation or traveling.
7. No choir practice is allowed.
8. Nature walks and field trips are allowed with certain stipulations.
9. The act of giving – stewardship/tithing – is encouraged.
10. Sabbath weddings are discouraged due to work overload.
11. Sabbath funerals are to be avoided.
12. There is an exhaustive list of guidelines for Adventist and non-Adventist hospital members to follow.
13. Adventist educational institutions must include:
Demarcation of the beginning and ending of the Sabbath hours; Keeping necessary duties to a minimum; Structuring of the weekly program so that the Sabbath will be a lingering joy and the climax of the week; Re: cafeteria sales: To avoid unnecessary business transactions during sacred time, each institution should make provision for payment outside of the Sabbath hours.
14. Avoid attending Faculty meetings on the Sabbath.
15. Minimize travel on the Sabbath.
16. Do not take final exams on the Sabbath.

17. Do not accept work assignments on the Sabbath without giving it much prayer, asking the Lord for guidance. [Lord, should I take this job which will dishonor your Sabbath, or should I continue to allow my family to go without food, clothing and shelter?]
18. Do not eat at restaurants.
19. Do not purchase goods.
20. Do not pay for services provided by others.
21. Purchase gasoline before the Sabbath.
22. Travel on commercial airlines, trains or buses is to be avoided.

Dialogue Between Adventist and Her Non-Adventist Christian Boyfriend

Ellen: I'm hungry.

Damon: Chili's is just down the street.

Ellen: You know very well eating at a restaurant on the Sabbath is strictly forbidden.

Damon: My God has no such rules.

Ellen: Well mine does!

Damon: Ok. Let me check when sunset begins tonight.

(Damon looks up time of sunset on his iPhone.)

Damon: It says sunset begins at 6:45. Right now it's 6:10. It should all be good if we order right away.

Ellen: I can't take the chance. Too many things can go wrong. The service could be slow. The kitchen could be backed up with orders. I could easily be in Chili's *after* sunset. I'm not willing to risk eternity for a tofuburger!

Damon: Ok. Does your God allow you to eat take-out, if you remain in the car and I go inside to order?

NEXT: National Sunday Law.